

## IMPORTANT INFORMATION ABOUT ALLERGY TESTING

IT IS IMPORTANT TO KNOW WHICH MEDICATIONS TO STOP BEFORE ALLERGY TESTING BECAUSE SOME MEDICATIONS MAY ALTER THE RESULTS OF YOUR TEST.

The following medicines must be discontinued for at least 7 days before your appointment. This includes the "D" products (Allegra-D, Claritin-D, etc.):

- Alavert
- Allegra (fexofenadine)
- Claritin (loratadine)
- Clarinex
- Xyzal
- Zyrtec
- Atartax, Vistaril (hydroxyzine)
- Astelin/Astepro nasal spray
- Patanase nasal spray

The following oral antihistamines must be discontinued for at least 4 days before your appointment:

- Benadryl (diphenhydramine)
- Actifed
- Dimetapp (brompheniramine)
- Chlortrimeton (chlorpheniramine)
- Phenergan (promethazine)
- Drixoral
- Tavist
- Aller-Chlor
- Bromfed

If you are taking an oral antihistamine that is not listed, stop the medicine for 4 days before your appointment. If you are not sure if the medicine you are taking is an antihistamine, ask your doctor.

If you have questions regarding other prescription medications, please consult the prescribing physician before making any changes to dosing instructions.

### MEDICINES THAT DO NOT INTERFERE WITH TESTING AND SHOULD BE CONTINUED:

- Steroid nasal sprays (Nasonex, Flonase/fluticasone, Nasacort AQ, Veramyst, Rhinocort Aqua, Omnaris)
- Singulair

### ALL ASTHMA MEDICATIONS SHOULD BE CONTINUED

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